**Troop 7 Onteora Summer Camp**

**Personal Gear and Packing List**

Substantially all items should be packed in a foot locker and marked with the Scout’s name and Troop 7.

Alternatives include a duffel bag or backpack, but these are not recommended.

**What to Wear and Carry for Arrival at Camp**

* Wear Field (Class A) uniform – Scout shirt, Scout shorts, Scout socks, hiking boots, belt. No neckerchief – leave this home.
* Wear bathing suit underneath uniform (if haven’t already passed camp swim test for this year). If you use swimming goggles, put them in your day pack.
* Carry your day pack with the following items: rain gear, towel (for after swim test), lunch, drinking water, change of underwear (optional).
* Medications, in their original container, with instructions for administration clearly marked. These will kept and administered by the health care officer at camp.

**Pack in the foot locker the following items**

Clothing

Troop/Scout-themed T-Shirt(s) – “Class B” uniform (may be provided by Troop)

Extra T-Shirts (2-3)

Extra Shorts (1-2 pairs)

Long Scout pants or other long pants

Underwear (6 days)

Socks (6 days)

Fleece jacket or sweatshirt

Baseball-style cap (unless provided)

Extra Swim Suit and Towel

Pajamas

Casual Shoes or Sneakers

Shower shoes or sandals

Sleeping gear

Sleeping Bag

Pillow

Air Mattress/Sleeping Pad (optional)

Extra blanket/Sheet (optional)

Alarm Clock

Personal Hygiene

Toothbrush/Toothpaste

Shampoo, Soap, Deodorant, Comb

Other Items

Spending Money ($30-$50 suggested)

Extra may be needed for certain activities/events

Notebook and Pencils/Pens (Troop will supply)

Pre-camp work (prerequisites) for merit badges

Scout Handbook

Insect Repellent, Suntan Lotion (non-aerosol)

Flashlight with Extra Batteries

Canteen / Nalgene

Personal First Aid Kit

Compass

Hangers (for Class A uniform and other)

Light rope or twine (for clothesline inside tent)

Laundry Bag

Order of the Arrow (OA) Supplies (for OA members)

Optional Items

Camping chair (recommended)

Recreational items - Football, Frisbee, etc.

Devotional Text

Fishing gear

Drinking mug (plastic)

Plate, Bowl, Knife, Fork, Spoon

Merit badge books (can be purchased at camp)

Carabiners (for hanging items from clothesline)

**THE FOLLOWING ITEMS ARE PROHIBITED AT CAMP:**

* Personal Electronic Devices (Radio/Tape/CD/MD/Etc., Personal CB or FRS Radios, Cell Phones, Etc.)
* Personal Matches, Lighters, Fireworks or Similar Items, including but not limited to Firecrackers, Smoke Bombs, Bottle Rockets, etc.
* Aerosol Cans Of Any Kind
* Hunting or Sheath Knives of Any Size, and Personal Axes
* Firearms, Ammunition, and/or Personal Bows
* Alcohol, Illicit Drugs, Tobacco Products of Any Kind