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| Troop 7 Logo Revised 2013 | **Troop 7** | **Bluenose Preparation** |

Bluenose camping is somewhat different from typical camping trips, in that Scouts who attend are generally more experienced and prepared to withstand harsh winter conditions. In addition, historically, the Troop has treated Bluenose as more of an “every man for himself” outing. So in preparing for Bluenose, these are some of the variants beyond normal camping trip preparation:

Troop supplies and kitchen setup:

Liquid fuel stoves (not propane) – boiling water only on the stove – no other cooking

Lighters/matches

Fire paste for stoves (Coghlan’s is one brand)

Miscellaneous pots; ladle

Large water jug for general use

Garbage bag(s)

Paper towels

Winter tents – K2 XT

Moving blankets (to extent available) for underneath sleeping bags in tents – 1 or 2 per tent

First aid kit

Snow shovel (1 or more)

Meals – independent food provisions:

Saturday – Lunch (bring a bag lunch?), Dinner

Sunday – Breakfast, Lunch & Dinner

Monday – Breakfast

Suggested foods: breakfast bars, hot cereal, dehydrated meals, dried meats, fruit, energy bars, crackers, etc.

Bring extra snacks: trail mix, beef jerky, etc.

Personal Gear – all should get into camp in ONE trip (including Troop gear):

Snow boots and snow gear; not just hiking boots and regular camping clothing

Backpack AND “Bluenose sled”; bungee cords/rope to tie gear onto sleds

Duffel bag or other for excess gear

Blankets, sleeping bag liners or shells, and floor liners for tents/warmth at night

Bowl, cup and spork.

2 Nalgenes

Daypack

Personal TP; think about pee jar

Chap stick/Blistex

Hand/toe warmers

Insulated drinking mug

Extra wool hats and winter gloves; face protection; etc.

Fun options:

Participate in Klondike Derby

Build an igloo/quinzee

Sleds, snow saucers and related

Snowshoes

The program staff may prepare dinners – varies year to year. At cracker barrels, staff provides hot drinks and food prior to bed. Scouts should take two nalgenes each to cracker barrel, to get hot water for nighttime.