

# Troop 7 Onteora Summer Camp

## Personal Gear and Packing List



Substantially all items should be packed in a foot locker and marked with the Scout's name and Troop 7. Alternatives include a duffel bag or backpack, but these are not recommended.

### What to Wear and Carry for Arrival at Camp

- Wear Field (Class A) uniform – Scout shirt, Scout shorts, Scout socks, hiking boots, belt. No neckerchief – leave this home.
- Wear bathing suit underneath uniform. If you use swimming goggles, put them in your day pack.
- Carry your day pack with the following items: rain gear, towel (for after swim test), lunch, drinking water, change of underwear (optional).
- Medications, in their original container, with instructions for administration clearly marked. These will kept and administered by the health care officer at camp.

### Pack in the foot locker the following items

#### Clothing

Troop/Scout-themed T-Shirt(s) – “Class B” uniform  
(may be provided by Troop)  
Extra T-Shirts (2-3)  
Extra Shorts (1-2 pairs)  
Long Scout pants or other long pants  
Underwear (6 days)  
Socks (6 days)  
Fleece jacket or sweatshirt  
Baseball-style cap (unless provided)  
Extra Swim Suit and Towel  
Pajamas  
Casual Shoes or Sneakers  
Shower shoes or sandals

#### Sleeping gear

Sleeping Bag  
Pillow  
Air Mattress/Sleeping Pad (optional)  
Extra blanket/Sheet (optional)  
Alarm Clock

#### Personal Hygiene

Toothbrush/Toothpaste  
Shampoo, Soap, Deodorant, Comb

#### Other Items

Spending Money (\$30-\$50 suggested)  
Extra may be needed for certain activities/events  
Notebook and Pencils/Pens (Troop will supply)  
Pre-camp work (prerequisites) for merit badges  
Scout Handbook  
Insect Repellent, Suntan Lotion (non-aerosol)  
Flashlight with Extra Batteries  
Canteen / Nalgene  
Personal First Aid Kit  
Compass  
Hangers (for Class A uniform and other)  
Light rope or twine (for clothesline inside tent)  
Laundry Bag

#### Optional Items

Camping chair (recommended)  
Recreational items - Football, Frisbee, etc.  
Devotional Text  
Fishing gear  
Drinking mug (plastic)  
Plate, Bowl, Knife, Fork, Spoon  
Merit badge books (can be purchased at camp)  
Carabiners (for hanging items from clothesline)

### THE FOLLOWING ITEMS ARE PROHIBITED AT CAMP:

- Personal Electronic Devices (Radio/Tape/CD/MD/Etc., Personal CB or FRS Radios, Cell Phones, Etc.)
- Personal Matches, Lighters, Fireworks or Similar Items, including but not limited to Firecrackers, Smoke Bombs, Bottle Rockets, etc.
- Aerosol Cans Of Any Kind
- Hunting or Sheath Knives of Any Size, and Personal Axes
- Firearms, Ammunition, and/or Personal Bows
- Alcohol, Illicit Drugs, Tobacco Products of Any Kind